WISSENSCHAFT W&K KUNST

LECTURE SERIES

MUSIC & MEDICINE

Can Arts Improve Health? A Critique and Replies to Commentaries

Online lecture and discussion

October 23, 2025

5.15 – 6.45 p.m. (CEST)

Online / Participation free of charge

EINE KOOPERATION VON

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PARIS LODRON UNIVERSITÄT SALZBURG

InterMediation. Musik – Wirkung – Analyse | Interuniversitäre Einrichtung Wissenschaft & Kunst

MUSIC&MEDICINE

Can Arts Improve Health?
A Critique and Replies to Commentaries

This webinar offers a detailed and critical assessment of widespread claims that engaging with the arts — through activities such as music, dance, literature, or visual arts — has direct and measurable benefits for mental and physical health. The lecture is based on a recent and thought-provoking paper by Marcos Nadal and Martin Skov in *Physics of Life Reviews*, which has attracted significant international attention and sparked lively debate.

Lecture:
Marcos Nadal (Department of Psychology, Universitat de les Illes Balears, Palma de Mallorca, Spain) / **Martin Skov** (Center for Decision Neuroscience, Copenhagen Business School; Danish Research Centre for Magnetic Resonance, Copenhagen University Hospital, Hvidovre, Denmark)

Commentary:
Valerie Oberleithner (Choreographer and Performer, Paris, France) / **Lorraine Kalia** (Department of Medicine, Toronto Western Hospital, University Health Network (UHN), Toronto, Ontario, Canada)

INCAAHR

siam
Salzburg Institute for Arts in Medicine

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(Access data see website:
w-k.sbg.ac.at/intermediation)

Event language: English
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Organized by Focus Area InterMediation. Music—Effect—Analysis / Inter-University Organization Arts & Knowledges, University Salzburg / Mozarteum University Salzburg, International Network for the Critical Appraisal in Arts and Health Research (INCAAHR)
in cooperation with Institute for Open Arts, Mozarteum University Salzburg and Salzburg Institute for Arts in Medicine (SIAM).

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